

## Philippine System of "Balintawak"

June 9 - 10, 2006



Website

**U.S. Karate Systems**  
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By Michael Bates

Grandmaster Crispulo "Ising" Atillo  
and  
Grandmaster Max M. Pallen Sr.



Grandmaster Crispulo Atillo celebrated his 68th birthday in Austin, Texas on June 10th at a seminar hosted by Dean Goldade of US karate. The seminar was well attended and Grandmaster Atillo amazed the crowd with classic Balintawak disarms, trap and locks. Sparring drills were also reviewed.

Grandmaster Atillo went over the history of the Balintawak system of which his father Vincent Atillo was a founding member. Grandmaster also reminded the attendees that he has fought 4 times and only 4 times over his 50 plus year career.

Among them was a friendly encounter the Anciong Bacon, which turned serious after the second round. The genesis of this encounter was who would be the next president of the club. Grandmaster Atillo also discussed the signed copy of the now infamous match in 1983 with Cacoy Canete. Most notably was the clause in which no wrestling, headlocks etc. would be permitted. They would seem to be at odds with the final outcome of this grudge match.

All in all, Grandmaster Atillo was definitely on top of his game despite the stifling Texas heat, "it's hotter than the Philippines" he was heard to remark. When asked by Michael T. Bates what he'd like for his birthday gift he said, "a dish of vanilla ice cream."

